

It's time to choose a health plan for you and your family.



How can you choose a health plan?

Look at the chart below to compare the extra services each health plan offers. Here are some things to think about when you decide which health plan to choose.

- Which health plans do your current doctors take?
- Does one of the health plans have extra services you want or need?

You can choose one plan for each family member or the same plan for more than one family member.

What is Healthy Louisiana?

Healthy Louisiana is the way most of Louisiana's Medicaid and LaCHIP recipients receive health care services. In Healthy Louisiana, you choose a health plan that is best for you and your family.






All plans provide the same health services you get in Medicaid or LaCHIP, such as well child visits, maternity care while pregnant and through delivery, medical transportation, prescription drugs, mental health services and substance use treatment. The plans also offer extra services. A list of those extra services is in the chart below.

This chart details extra benefits available to members who get physical health benefits through Healthy Louisiana.

	 AETNA BETTER HEALTH® OF LOUISIANA	 AmeriHealth Caritas Louisiana	 Healthy Blue	 louisiana healthcare connections	 UnitedHealthcare® Community Plan
Website	www.aetnabetterhealth.com/louisiana	www.amerithealthcaritasla.com	www.myhealthyblue.com	www.LouisianaHealthConnect.com	www.UHCCommunityPlan.com
Member Services	1-855-242-0802 TTY 711 Available 24 hours a day, 7 days a week	1-888-756-0004 TTY 1-866-428-7588 Available 24 hours a day, 7 days a week	1-844-521-6941 TTY 711 Available Monday-Friday 7a.m.- 7 p.m.	1-866-595-8133 TTY 711 Available Monday-Friday 7a.m.-7 p.m.	1-866-875-1607 TTY 711 Available Monday-Friday 7a.m.-7 p.m.
Why choose us?	We focus on the whole person - their physical, behavioral and social needs. We provide access to quality care for people with complex needs.	Our name, AmeriHealth Caritas, stands for care. As a mission-based organization, we put care at the heart of our work.	We're about more than just doctor's visits. With special services like health education, events and rewards we offer you many ways to get and stay healthy.	Connect to the care you need: more than 15,000 providers, local health coaches and your own rewards debit card.	UnitedHealthcare Community Plan helps pregnant women, kids, families and adults get the care they need.
	Member Services can help you: find a doctor, learn about benefits, access services, file a complaint about a provider or appeal a denied service. All plans have a 24 hour Nurse Hotline to help you: figure out if you need to go to the Emergency Room or learn about health issues. All health plans allow unlimited visits to in-network doctors, as needed.				
Care Management Programs	All of the health plans have special programs to help members with chronic illness such as asthma, congestive heart failure, diabetes, hepatitis C, HIV, obesity and sickle cell anemia. If they do not have a program in place that fits your needs, they will work with you to create one. They also have programs for pregnant women with a high risk of problems during pregnancy and delivery.				
Circumcision	All health plans cover newborn male circumcision. Check with the individual plan to find out more about their rules for getting this service.				
Help to Stop Smoking	All health plans cover coaching and medications (with a prescription) to help members stop smoking.*				
Adult Vision (21+)	Eye exam (No co-pay) \$80 toward glasses or contacts (once a year)	Eye exam (No co-pay) \$100 toward glasses or contacts (once a year)	Eye exam (No co-pay) Glasses covered in full* (once a year)	Eye exam (No co-pay) Glasses covered in full* (once a year)	Eye exam every two years (No co-pay) \$100 toward glasses or \$105 toward contacts (once every two years)
Adult Dental (21+)	Dental exams and cleanings (twice a year) Fillings and extractions X-rays (once a year) \$500 total benefit per year*	Dental exams, cleanings, fillings, extractions and x-rays with in-network providers, up to \$500 per year.*	Dental exams and cleanings (twice a year) Fillings and extractions X-rays (once a year)	Two visits each year for exams, cleanings, x-rays, fillings, extractions, and more at Federally Qualified Health Centers.	Dental exams, cleanings, fillings, extractions and x-rays with in-network providers, up to \$500 per year.*
Adult Pain Management		Members who have gone to the Emergency room 5+ times for pain can work with a case manager in our pain management program.	Members who have gone to the Emergency Room 4+ times for pain can work with a case manager to find ways to manage pain.	Certified pain management coaches help address chronic pain for members in care management.	Members over 21 will be provided six (6) visits per year to an in-network chiropractor.






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	 AETNA BETTER HEALTH® OF LOUISIANA	 AmeriHealth Caritas Louisiana	 Healthy Blue	 Louisiana healthcare connections™	 UnitedHealthcare® Community Plan
Community Programs	All health plans offer sponsorships and/or mini-grants for community organizations and members in need.*				
	Boy Scouts and Girl Scouts membership for one year for eligible members.* (Ted E. Bear, M.D. Club)	Gym memberships and swim lessons for qualified members.*	Boys & Girls Club membership for eligible members.*		Boys & Girls Club membership for eligible members.*
Rewards for Healthy Living:	All of the health plans offer rewards for healthy behaviors. Unless otherwise noted rewards are: available once a year per member; in the form of a reward debit card or gift card.				
Child Well Visits (birth – 20)	\$25 for annual well visits from birth to 20 years	\$20 for 6 well visits from birth to 15 months. \$20 for annual well visits (ages 2 – 20)	\$20 for all well visits from birth to 15 months * \$20 for annual well visits (ages 2 – 9) \$25 for annual well visits (ages 10+) Booster seat for all well visits from birth to 6 years	\$30 for all well visits from 2 to 15 months \$20 for annual well visits (ages 3 – 20)	Feeding or dental care set for a well visit at 6 months* (Baby Blocks) Bath set or soft puzzle for a well visit at 15 months* (Baby Blocks) \$20 for annual well visits (ages 1 - 17)
Adult Well Visit (21+)	\$25 for annual well visit	\$20 for annual well visits	\$15 for annual well visits	\$20 for annual well visits	\$20 for a PCP visit within 90 days of enrollment
Wellness Screenings	\$10 for STI screening (chlamydia, syphilis, gonorrhea and HIV test) \$15 for breast cancer screening, women 21+ \$15 for cervical cancer screening, women 21–64 \$25 for colon cancer screening, members 50+, one time only	\$15 for lead screening for children, birth – 2 years* \$10 for cervical cancer screening, women 21 - 64	\$10 for STI screening, members 16+	\$10 for breast cancer screening, women 40-74 \$10 for cervical cancer screening, women 21-64 \$15 for STI screening (chlamydia, gonorrhea and HIV test)	Childproofing kit or Goodnight Moon board book for lead screening, birth – 15 months* (Baby Blocks)
Diabetic Screening	\$15 for each : dilated eye exam, LDL and A1C blood tests for members diagnosed with diabetes.	\$10 for each : dilated eye exam, kidney screening and A1C blood test for members diagnosed with diabetes*.	\$10 for all : dilated eye exam, kidney screening and A1C blood test for all members*.	\$50 for all : dilated eye exam, and blood tests for LDL, A1C and kidney disease for members diagnosed with diabetes*.	\$50 health product voucher for LDL and A1C blood tests within 90 days of enrollment for members age 21+*.
Other Rewards	\$15 for annual asthma assessment \$15 for follow-up after asthma-related Emergency Room visit \$15 for other asthma care tasks* \$15 - \$30 for meeting weight loss goals in Ted E. Bear M.D. Kids Weight Management Program	\$10 for a completed Health Assessment, one per household \$10 for ADHD new medication follow-up visit within 30 days (ages 6 – 12) \$10 for follow-up assessment after behavioral health hospitalization for qualified members	\$5 for a flu shot	\$10 for a flu shot \$20 for ADHD new medication follow-up visit, as needed (ages 6-12)	\$10 for a completed Health Assessment within 90 days of enrollment \$50 for a member (under age 21) at the end of the Join for Me program Digital thermometer or rubber duck bath thermometer at birth of child (Baby Blocks)
Pregnancy Reward Program	Promise Program	Bright Start®	Taking Care of Baby and Me®	Start Smart for Your Baby	Baby Blocks
Prenatal Exams	\$80 for at least 7 prenatal visits and a postpartum visit or \$125 for at least 8 prenatal visits and a postpartum visit	\$10 for each prenatal visit, up to \$110 per pregnancy	\$25 for prenatal visit in the first 6 weeks of pregnancy Portable crib or an infant car seat for 7 prenatal visits	\$10 for each prenatal visit, up to \$110 per pregnancy	Nursing cover or teething rattle for a prenatal visit at 24 weeks* (Baby Blocks) First aid kit or tabletop toy for a prenatal visit at 32 weeks* (Baby Blocks)
Postpartum Exam	\$25 for a postpartum visit (3 – 8 weeks after delivery)	\$25 for a postpartum visit	\$50 for a postpartum visit	\$50 for a postpartum visit	\$20 or Fisher Price sorting blocks for a postpartum visit * (Baby Blocks)
Other Pregnancy Rewards	\$50 for completing a Notice of Pregnancy form \$50 for getting all 17P shots, for eligible members	Receiving blanket with matching cap and “Happiest Baby on the Block” DVD/book when a member enrolls in Bright Start	Family planning kit to help you have a healthy pregnancy when you’re ready. Kit includes condoms, pregnancy test, prenatal vitamins and more.	\$30 for completing a Notice of Pregnancy form Breast pump and NICU Care Kit for members in case management when needed	\$20 or diaper bag when a member enrolls in Baby Blocks Healthy Pregnancy Care Book when a member tells UnitedHealthcare they are pregnant
Extra Pregnancy Benefits			In-home postpartum visit		








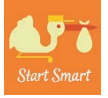


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Asthma Benefits	Home assessment for members diagnosed with asthma.	Electronic notebook (e-tablet) for eligible members to help manage their asthma, includes an emergency medication tracker.	Inhaler sensor to help control asthma for members diagnosed with asthma*		Home assessment for eligible members with moderate to severe asthma (once per year)
Other Benefits	Acupuncture for members 19+ up to \$150 reimbursement	GED registration fees voucher – receive a voucher to pay for the cost of taking the GED exam	Respite Services for Caregivers – Up to 8 hours each month for caregivers of children up to age 20	Members age 21+ receive one hearing exam and one set of hearing aids every two years.	
Adult Weight Management		Every Calorie Counts: Members in the program get two visits with a registered dietician each year and a gym membership.*	Weight Watchers® meetings for eligible members age 18 and older		Up to 10 Weight Watchers® meetings for eligible members age 13+ (with a referral from PCP)
Pediatric Weight Management Program	Ted E. Bear, MD Club participants get nutritional sessions, weight checks and can earn rewards. (See other rewards)*	Every Calorie Counts: Members in the program get two visits with a registered dietician each year, a gym membership and up to 8 swim lessons.*	Healthy Families - a program to help families get fit and healthy	Raising Well program guides you in helping your child be healthy by eating right and being active.	Partnership with Sesame Street to offer Food for Thought and We Have the Moves nutrition, exercise and obesity-avoidance programs.
Pharmacy Copays	No copays	There are no copays for children, pregnant women, family planning supplies, members in the hospital, members of a home and community based waiver, women who have Medicaid due to breast or cervical cancer, members getting hospice services, Native American or Alaska Native members. For others, if the medicine is: \$10 or less = \$0.50 copay \$10.01 - \$25 = \$1 copay \$25.01 - \$50 = \$2 copay Over \$50 = \$3 copay			
Rides to Appointments	All health plans will set up a ride for members who don't have a way to get to medical appointments. Stop at the pharmacy after your appointment to get medications.				
Over the Counter (OTC) Medications	Free with a doctor's prescription. \$50 monthly benefit per household for OTC vitamins and health products.	Some available with a prescription, see copays above.*	Available with a prescription, see copays above.	Available with a prescription. See copays above.	Available with a prescription. See copays above.
Extra Medication Supply for School		Asthma inhaler EpiPen® Diabetes testing meter		Asthma inhaler EpiPen®	Asthma inhaler EpiPen® Diabetes testing meter
Adult Vaccinations	All health plans cover all recommended vaccinations, including: for HPV (human papilloma virus), pneumonia, the flu (influenza), chicken pox, shingles, meningitis, DTAP (diphtheria, tetanus and pertussis), MMR (measles, mumps and rubella) and hepatitis A and B.				
Cell Phone	All health plans offer eligible members a free cell phone. Phones come with free minutes, data, texting and free calls to Member Services.				
	Up to 500 MB of data or 500 minutes of talk time	BONUS: 500 Safelink minutes your first 4 months and then 100 extra minutes each month	Up to 500 MB of data or 500 minutes of talk time	Up to 1 GB of data and 350 minutes of talk time. Connections Plus may provide a phone for members not eligible for Safelink..*	Up to 500 MB of data or 500 minutes of talk time
Texting and Social Media Programs	Text4Baby, Text4Kids, Text4Health, Care4Life (diabetes coaching)	Text4Baby, Text4Kids, Text4Health	Text4Baby, Text4Kids, Text4Health, My Advocate	Twitter: @LAHealthConnect, Text4Baby, Text4Kids, Text4Health	Twitter: @UHCpregnantCare (In Spanish: @UHCEmbarazada), Text4Baby, Text4Kids, Text4Health
Other Health Resources Available to Members Online	www.teladoc.com Video chat with a U.S. board certified doctor. Many conditions can be treated with teladoc: sinus problems, bronchitis, allergies, cold and flu symptoms, respiratory infection, ear infection, and more!		www.livehealthonline.com Video chat with a doctor through LiveHealth Online. It's an easy way to see the doctor when you can't make it to the doctor's office. Great for getting help with colds, flu, fevers, rashes, infections and allergies.	www.mystrength.com Resources to improve mental health and overall well-being, including help with depression and anxiety.	www.kidshealth.org - our online program includes health and wellness resources to encourage healthy behaviors among children, young adults and their parents. Content includes assistance for high-risk members with managing conditions such as diabetes, asthma and stress. Videos, written and spoken articles are also provided.

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Mobile Apps	Free download for members in the Apple App Store and on Google Play.				
	 Aetna Better Health <ul style="list-style-type: none"> Find or change your provider View your medical and prescription claims View your current medications View your benefits View or request your ID card Create a support circle and assign tasks Link to health education Send messages to Health Plan 	 AmeriHealth Caritas Louisiana Mobile App <ul style="list-style-type: none"> View ID Card Get directions to appointments Find a new doctor or specialist Keep list of medications View additional providers on members' care management team Ability for members to send inquiries directly to AmerihealthCaritas Contact Center A list of helpful links to access information about AmeriHealth Caritas Louisiana [Bright Start ® logo] AmeriHealth Caritas Louisiana Bright Start® Mobile App for pregnant moms	Healthy Blue Mobile <ul style="list-style-type: none"> View your ID card Email or fax your card to your doctor, pharmacy or other service provider Interactive symptom checker Health A to Z Encyclopedia 	 Start Smart Louisiana <ul style="list-style-type: none"> Pregnancy advice and reminders Symptom checker Track milestones Weekly pregnancy updates  LA Health Connect <ul style="list-style-type: none"> Find a facility or provider View your ID card 	 Health4Me <ul style="list-style-type: none"> Find doctors, ERs and urgent care centers near you Call Nurseline View your ID card Read your Member Handbook Get help and support in your community Learn about your benefits Contact Member Services
Member Access to Community Services	Community Resource and Emergency Preparedness links on website to connect members with information and resources to build a healthy and safe community.	AmeriHealth Caritas Community and Advocacy Services Link , which gives information to members to help find free or low-cost physical health and behavioral health services in their area. AmeriHealth Caritas Community Education Team visits local communities, schools and homes of members to provide assistance in accessing their health care services, resources, and much more.	Amerigroup Community Resource Link , a site with an easy to search tool that can help you find free or low-cost services and resources in your area.	Member Connections statewide team to help you find doctors, get community resources and understand your benefits.	Community Health Worker Program: brings coordinators to local communities and the homes of members to answer questions, provide assistance in accessing their PCP, obtaining transportation to appointments, connecting services in the community and much more.
Community Health Outreach	<ul style="list-style-type: none"> Ted E. Bear, M.D. Health Fair Community garden Back to school drives Diaper drives Community health fairs Health education events Food drives Community baby showers 	<ul style="list-style-type: none"> Back-to-school supply drives Diaper drives Health fairs Bright Start/Community baby showers Health educators Food drives Provider education Healthy Hoops basketball events On the Move community events 	<ul style="list-style-type: none"> Back-to-school supply drives Diaper drives Health fairs Health educators 	<ul style="list-style-type: none"> Back to school supplies "Diaper Days" baby showers Health fairs Health educators 	<ul style="list-style-type: none"> Computer donations Heart Smart Sisters Food 4 Thought Baby showers Back to school events Bullying Prevention Program Health fairs and ministries Lunch & Learn programs

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